



Grains



Kirkland Signature Chia Seeds

As we do with all of our Kirkland Signature™ items, we're working with our suppliers on sustainable practices in the production of our chia seeds. [Mayorga Organics](#) is a good example of these efforts. They are one of Costco's sourcing partners for Kirkland Signature Organic Chia Seeds sold in Canada. Mayorga Organics focuses exclusively on organic crops and develops direct relationships with smallholder farmers in remote regions of Latin America. The company focuses on crop diversification and crop rotation to ensure that small farmers maintain healthy soils and diversified sources of income. In addition, Mayorga supports producers with access to financing, payment advances, agronomists and seeds, and by paying fair prices.

For more information, please view this [video](#) from Mayorga's partner chia farmers.



Kirkland Signature Organic Hemp Hearts

Hemp hearts, the soft inner center of the hemp seed, come from the same plant that has been used to make paper, rope, clothing and other products. Kirkland Signature Organic Hemp Hearts are sourced from Canada and Lithuania.

In Canada, our hemp hearts are supplied by [Manitoba Harvest](#), a certified [B-Corporation](#). Manitoba Harvest's hemp is grown without herbicides or pesticides. They work with growers to provide agronomic coaching for field selection and crop rotation and seed fertility practices, and to meet requirements for organic certification. Learn more about Kirkland Signature Organic Hemp Hearts in these *Costco Connection* articles: [Hemp hearts buzz](#) and [Glutton for gluten-free](#).