



Avocados From Mexico Layered Taco Salad

Makes 10 servings

Ingredients:

- 1 Tbsp olive oil
- 1 lb extra lean ground turkey
- 1 Tbsp taco seasoning, 40% reduced sodium
- 3 cups romaine lettuce, chopped
- 3 cups iceberg lettuce, chopped
- 1 cup cheddar cheese, shredded
- 1½ cups nonfat sour cream
- 1 cup cherry tomatoes, chopped
- ½ cup red onion, chopped
- ¼ cup green onion, chopped
- ¼ cup cilantro, chopped
- 15 oz can black beans, rinsed and drained
- 12 oz can corn, drained
- 2 Avocados From Mexico, halved, seeded, peeled, divided
- ½ cup Lite Thousand Island Dressing
- 2 cups corn tortilla chips, crushed

Instructions:

In a large skillet, add oil and turkey. Cook until turkey is no longer pink and cooked through. Stir in taco seasoning. In a large glass bowl, layer lettuce, turkey, cheese, sour cream, tomatoes, onions, cilantro, black beans, corn and 1 chopped avocado. Drizzle with dressing. Top with tortilla chips and 1 sliced avocado.

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