

Avocado & Protein Brownies

Makes 10 servings

Ingredients:

1 Avocado from Peru

1 egg

1/4 cup coconut oil, melted

1/4 cup raw honey

2 Tbsp brown sugar

½ cup unsweetened almond milk

1/8 tsp Himalayan pink salt

3/4 cup cocoa powder

1/4 cup coconut flour

1 scoop Orgain® Chocolate Organic Protein + Probiotics

1/4 cup dark chocolate chips

Instructions:

Preheat oven to 350 F. In a medium bowl, combine Avocado from Peru, egg, coconut oil, honey, brown sugar, almond milk and salt. Mix until smooth. Add cocoa powder, coconut flour and Orgain protein powder. Add more milk if the batter is too thick. Add in the chocolate chips. Pour into a greased 8 x 8-inch baking dish. Sprinkle with chocolate chips and Himalayan pink salt, if desired. Bake for 20 to 25 minutes, or until a toothpick poked in the center comes out clean. Let cool before eating.

For more recipe ideas, go to Costco.com and search: Quick & Easy

