

Quick & Easy

THE COSTCO WAY

Superfresh Growers® Organic Gala Apples Over Yogurt

Makes 4 servings

Ingredients:

4 organic Gala apples
1 cup apple juice, divided
1 Tbsp maple syrup
1 Tbsp lemon juice
1 tsp vanilla extract
½ tsp ground cinnamon
Pinch of nutmeg
3 cups plain Greek yogurt

Instructions:

Peel apples. Remove seeds. Cut into thin wedges. In a large skillet over medium-high, bring ½ cup apple juice to a simmer. Add apples. Saute for 5 to 6 minutes. Add more juice, if needed, so the pan doesn't dry out. Add remaining ½ cup apple juice, maple syrup, lemon juice, vanilla, cinnamon and nutmeg. Bring to a simmer. Lower heat to medium. Continue cooking until the apples are tender and the sauce has thickened. Divide yogurt between four bowls. Top with apples and sauce. Serve immediately.

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