

Quick & Easy

THE COSTCO WAY

Zurgroup Blueberry-Lemon Chia Pudding

Makes 4 servings

Ingredients:

1 cup coconut milk
1 tsp vanilla extract
¼ cup chia seeds
2 Tbsp maple syrup
2 Tbsp (approximately 1 lemon) lemon juice
2 cups Zurgroup blueberries, divided
½ cup toasted coconut flakes
1 tsp lemon zest

Instructions:

In a medium bowl, combine coconut milk, vanilla, chia seeds, maple syrup and lemon juice. Whisk until well combined. Divide 1 cup blueberries into 4 ramekins or serving glasses. Pour the chia-lemon mixture on top of the blueberries. Refrigerate overnight. Top each pudding cup with the remaining 1 cup blueberries, toasted coconut and lemon zest. Refrigerate until ready to serve.

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