

# Quick & Easy

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## THE COSTCO WAY

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### **Natural Delights Dates with Grilled Carrots**

Makes 6 to 8 servings

#### **Ingredients:**

1 cup Medjool dates, pitted and chopped

½ cup pistachios, shelled and chopped

⅓ cup blue cheese crumbles

3 Tbsp olive oil, divided

2 tsp seasoned pepper, divided

12 carrots, halved lengthwise

2 Tbsp parsley, chopped

#### **Instructions:**

In a medium bowl, combine dates, pistachios, blue cheese, 1 Tbsp olive oil and 1 tsp seasoned pepper. Set aside.

Over medium heat, add remaining 2 Tbsp olive oil to a grill pan. Add carrots. Season with remaining 1 tsp seasoned pepper. Grill carrots for 4 to 5 minutes, or until slightly charred and tender. Flip carrots to the other side. Repeat grilling. Transfer to a serving platter. Garnish with date mixture and parsley.

For more recipe ideas, go to [Costco.com](https://www.costco.com) and search: **Quick & Easy**

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