

Quick & Easy

THE COSTCO WAY

FoodSaver® Avocado Toast

Makes 1 serving

Ingredients:

1 slice of wheat bread
1 avocado
1/8 tsp kosher salt
1/8 tsp black pepper
1/2 tsp olive oil
1/8 tsp red pepper flakes
1 Tbsp pomegranate arils

Tools:

FoodSaver® VS3180 Multi-Use Food Preservation System

Instructions:

Toast bread. Set aside. Cut avocado in half. Place half the avocado in a FoodSaver® Quart Vacuum Zipper Bag. Use the retractable handheld sealer to vacuum. Simply press the Handheld button and select Vacuum mode. Store in the fridge. Peel and slice remaining avocado. Place slices over toasted bread. Sprinkle with salt and pepper. Drizzle with olive oil. Top with red pepper flakes and arils.

For more recipe ideas, go to [Costco.com](https://www.costco.com) and search: **Quick & Easy**

