

# Quick & Easy

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## THE COSTCO WAY

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### **Coconut Oil Body Cream**

Makes 1 cup

#### **Ingredients:**

1 cup Kirkland Signature Organic Virgin Coconut Oil

1 tsp vitamin E oil

9 to 10 drops of your favorite essential oil (optional)

#### **Instructions:**

In a small bowl, combine coconut oil, vitamin E oil and essential oil of your choice. Mix for about 2 minutes, or until smooth. Spoon into a jar with a plastic lid (metal lids tend to rust over time).

**Tip:** A little goes a long way.

For more recipe ideas, go to [Costco.com](https://www.costco.com) and search: **Quick & Easy**

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### Coconut Oil Shaving Cream

Makes 2 cups

#### Ingredients:

$\frac{2}{3}$  cup Kirkland Signature Organic Virgin Coconut Oil

2 Tbsp Kirkland Signature Extra Virgin Olive Oil

$\frac{1}{2}$  cup shea butter

$\frac{1}{4}$  cup honey

2 Tbsp baking soda

2 Tbsp castile soap

$\frac{1}{8}$  tsp vitamin E oil

10 to 20 drops pure essential oil, such as sandalwood, frankincense or lavender

#### Instructions:

In a medium bowl, combine coconut oil, virgin olive oil, shea butter, honey, baking soda, castile soap, vitamin E oil and essential oil. Using an electric mixer, whip on medium until light and creamy, or about 4 to 5 minutes. Store in an airtight container (metal lids tend to rust over time).

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### Coconut Oil Citrus Sugar Body Scrub

Makes 1 cup

#### Ingredients:

½ cup sugar, raw or granulated

½ cup Kirkland Signature Organic Virgin Coconut Oil

½ tsp essential oil, orange or lime

#### Instructions:

In a small mixing bowl, combine sugar, coconut oil and essential oil. Using an electric mixer, beat until well-combined and smooth. Spoon into an airtight container (metal lids tend to rust over time).

**Tip:** If using orange essential oil, add orange zest for extra texture.

**Note:** This is not to be used on your face or close to your eyes.

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### Coconut Oil Island Rice

Makes 5 to 6 cups

#### Ingredients:

2 Tbsp Kirkland Signature Organic Virgin Coconut Oil  
2 cups long grain rice  
1 can (13.66 fl oz) Thai Kitchen® Organic Unsweetened Coconut Milk  
3 cups water}  
¼ cup brown sugar  
1½ tsp salt  
⅓ cup raisins  
3 cups coconut flakes, toasted and divided

#### Instructions:

In a large saucepan over medium-high, add coconut oil. When melted, add rice. Saute for 2 minutes. Add coconut milk, water, brown sugar, salt and raisins. Stir to blend. Bring to a boil, stir and reduce heat to a simmer. Cover saucepan with lid. Simmer for 20 to 25 minutes. Fluff with a fork. Transfer to a serving dish. Fold 2 cups toasted coconut into rice. Sprinkle remaining 1 cup on top.

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