

# Quick & Easy

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## THE COSTCO WAY

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### **Natural Delights Date, Apple & Walnut Salad**

Makes 4 servings

#### **Ingredients:**

1 lemon, juiced  
1 garlic clove, minced  
1½ Tbsp honey  
3 Tbsp red wine vinegar  
1½ tsp salt  
1½ tsp pepper  
½ cup olive oil  
6 to 8 cups arugula  
½ red onion, thinly sliced  
1 Fuji apple, sliced  
6 Natural Delights® Medjool Dates, diced  
¼ cup walnuts  
1 pomegranate, seeded  
3 oz gorgonzola cheese, crumbled

#### **Instructions:**

In a small mixing bowl, combine lemon, garlic, honey, vinegar, salt and pepper. Whisk while adding in olive oil. In a large bowl, add arugula and red onion. Pour the dressing on top. Toss well. Divide salad into four plates or bowls. Top with apple, dates, walnuts, pomegranate and Gorgonzola.

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