



Rainier[®] Apple Cinnamon Oatmeal Cups

Makes 12 servings

Ingredients:

- 3 cups oats
- 1 tsp baking powder
- 1½ tsp ground cinnamon
- ¼ tsp salt
- 1 cup Blue Diamond Unsweetened Vanilla Almond Milk
- 2 large eggs
- ½ cup Kirkland Signature[™] Organic Blue Agave
- 1 tsp pure vanilla extract
- 1 Rainier[®] Fruit Organic Gala Apple, cored and chopped (approximately 1 cup)

Instructions:

Preheat oven to 350 F. Spray a muffin pan with nonstick cooking spray. In a large mixing bowl combine oats, baking powder, cinnamon and salt. In a small bowl whisk milk, eggs, agave and vanilla until fully combined. Mix dry ingredients in with wet ingredients. Gently stir in apple. Evenly scoop the mixture into muffin pan. Bake for 25 to 27 minutes, or until lightly golden brown and firm. Remove from oven. Cool in the pan for 5 to 10 minutes. Remove from pan. Place on a wire rack to cool.

Tip: Store in refrigerator for one week or freezer for up to 3 months using an airtight container.

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